

## 2025 Menu

Day	1	2	3	4	5
<b>AM Snack</b>	Cornflakes	Four-fruit yogurt	Egg Soda cracker	Chocolate-banana cookie	Strawberry Muslix
<b>Lunch</b>	Neapolitan Beef Meatballs (C) Rotini (S)	Chicken paella (C) Saffron rice (S)	Spinach Quiche Potato Salad	Chicken curry stir- fried (C) madras rice (S)	Provençal-style sliced beef (C) Mashed potatoes (S)
<b>Fruit</b>	Fruit	Fruit	Fruit	Fruit	Fruit
<b>PM Snack</b>	Apple and berry compote Shortbread cookie	Hummus Naan Bread	Strawberry Health Bar	Sweet Pepper Dip Bagel	Carrot and Orange Muffin
Day	6	7	8	9	10
<b>AM Snack</b>	Cheerios	Fruit smoothie	Cream cheese bagel	Apple and pear compote rice cracker	Cherry Muslix
<b>Lunch</b>	Chicken Supreme (C) Rice (S)	Beef Goulash (C) Bow Tie pasta (S)	Chicken Pot Pie Creamy Coleslaw	Oriental beef meatballs (C) Couscous (S)	Two cheeses and vegetables Macaroni
<b>Fruit</b>	Fruit	Fruit	Fruit	Fruit	Fruit
<b>PM Snack</b>	Fruit Crumble	Cheese Soda Cracker	Veggies Italian Dip	Pita Bread Yogurt Sauce	Pineapple-coconut muffins
Day	11	12	13	14	15
<b>AM Snack</b>	Cornflakes	Four-fruit yogurt	Egg Soda cracker	Chocolate-banana cookie	Raspberry Muslix
<b>Lunch</b>	Tonkinese beef (C) Rice (S)	Roman Chicken (C) Cavatappi (S)	Beef Pie Creamy Coleslaw	Western Polpette (S) Three Vegetable Puree (C)	Vegetarian Alfredo (C) Fusilli (S)
<b>Fruit</b>	Fruit	Fruit	Fruit	Fruit	Fruit
<b>PM Snack</b>	Apple and berry compote Shortbread cookie	Hummus Naan Bread	Strawberry Health Bar	Artichoke Dip Bagel	Lemon and blueberry muffin
Day	16	17	18	19	20
<b>AM Snack</b>	Cheerios	Fruit smoothie	Cream cheese bagel	Apple and pear compote rice cracker	Blueberry Muslix
<b>Lunch</b>	Penne (S) Bolognese sauce (C)	Chicken Tagine (C) Couscous (S)	Grilled Vegetable Quiche Green Salad and Italian Dressing	Thai Meatballs (S) Vegetable Rice (C)	Multicultural Special of the Month
<b>Fruit</b>	Fruit	Fruit	Fruit	Fruit	Fruit
<b>PM Snack</b>	Apple and cinnamon crumble	Cheese Soda Cracker	Mexican Dip Tortilla	Pita Bread Yogurt Sauce	Tofu Brownies

The AM Snack is delivered the previous day